

Orthopaedic testimonial: Meet Daniel



When 12-year-old Daniel* received his initial diagnosis, his future of playing football became hopeless. He was told he would need to wear a heavy, rigid back brace for a very long time.

When the orthopaedic surgeon told Daniel and his family that he had scoliosis, with a hunched back and an increased lower back curvature, everyone was heartbroken. He would have to wear a back brace for 12 hours a day for the next two years and undergo rehabilitation therapy. His love for being active was crushed. His parents were disappointed in the news, knowing that their son was in for some very painful years. They didn't understand why he would need a course of treatment that was so intensive.

For Daniel, the brace was so oppressive and uncomfortable that he could not wear it for more than two hours at a time. His parents tried to keep their son's spirits up, but they hated to see him suffer in any way. Daniel's primary care physician was doubtful about the diagnosis and even though he wasn't a specialist, felt like the brace was excessive. Feeling increasingly doubtful about his son's diagnosis and treatment plan, Daniel's father decided to seek another medical opinion. He had access to an expert medical service for himself and his family through his employer and thought it would be a great time to use it.

A condition-specific opinion from a specialist would help them understand if the path they were taking was confirmed or needed a change.

The service made everything easy and sent all of Daniel's medical records and imaging to a world-renowned paediatric orthopaedic surgeon. The expert's findings were completely different from the first diagnosis. Daniel's muscular strength was not keeping up with his bone growth and he was suffering from poor posture. In other words, the correct treatment was physiotherapy. In the expert's opinion, a back brace was entirely unnecessary, and could even result in further physical and psychological damage.

The expert report gave his parents the encouragement they needed to find a new orthopaedic surgeon. When they spoke with a different surgeon, Daniel's new diagnosis was confirmed. Physiotherapy is hard work for a little boy, but he was up to the task.

His parents were thrilled with the news and grateful for the expert medical service. Taking that second look was crucial for Daniel recovering

correctly, and the best part was that he didn't have to suffer from the pain the back brace would cause.

"We are greatly satisfied with the personalised treatment and attention we received as well as with the rapid response we received. Nothing was lacking in this expert medical service; everything was perfect."

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When you need answers, get an expert medical opinion.

Our world-renowned doctors can review an existing condition and treatment so you can make the best possible choices for your health. We can confirm or recommend a change in your diagnosis or treatment for conditions like back and joint pain, cancer, chronic disorders, and much more.

An informed medical opinion can help you:

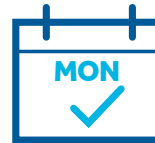
- Feel confident in your diagnosis
- Verify correct treatment and prescription
- Avoid unnecessary surgery and costs
- Get the peace of mind you deserve

Use an expert medical opinion when you:

- Are unsure about a diagnosis or need help deciding on a treatment option
- Have medical questions or concerns and want a leading expert's advice
- Need help finding a local expert who specialises in your condition
- Have been admitted into the hospital and want expert intervention in your care



Over 200 million
people are affected
by osteoporosis
(bone weakness) worldwide¹



440 million
work days are
missed annually
due to bone or joint pain²

¹<https://www.iofbonehealth.org/facts-statistics>

²<http://newsroom.aaos.org/media-resources/news/a-nation-in-motion.htm>

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